

Calling All Foster and Adoptive Families to HALO Tulsa



A Really Great Place

Are you an adult who has a heart for children who have come from hard places? Are you an adult who found yourself in a foster/adoptive parent role because you want to help children heal? Has this new role been hard or challenging? Have you felt alone or defeated in trying to meet the needs of the little person who has come into your care? GOOD NEWS! You are not alone! HALO Tulsa is here to help!



The 411



Here at HALO Tulsa we are passionate about supporting foster/adoptive families. HALO Tulsa is a 10-week intensive outpatient program. Each week the family attends HALO night for two hours where a child works on skills to enhance their ability for connection, empowerment, and attachment. At the same time caregivers attend a Parent TEC class where they learn about trauma and its affect on the brain, development, and ability to build healthy safe connections. In addition to the HALO night each family is required to attend one additional individual or family session that week.

What Is It

HALO is rooted in TBRI® which is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing, and neuroscience research, the heartbeat of TBRI® is connection.



Call or Email For More Information

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